Our Programs
Every Beads of Courage® program integrates the use of beads, the earliest art form known to humans, as visible, tangible symbols of human experiences that need and deserve to be expressed.

Every time a bead is given, courage is honored, suffering is alleviated, resilience is strengthened, and the experience of human caring is affirmed.

Our Mission
To provide innovative Arts-in-Medicine programs for children and teens coping with serious illness, their families and the clinicians who care for them.

Our Vision
To advance the science of caring. Beads of Courage, Inc. is proud of to be affiliated with the Watson Science Caring Institute and in 2013, Beads of Courage, Inc. established the Center for Arts-in-Nursing to boldly pursue our vision.

Our Goals
• To transform the bedside experience of caring for children and teens with serious illness through innovative Arts-in-Medicine Programs

• To model collaborative strategies to strengthen human connectedness through the gift of beads that bestow honor and express human caring;

• To contribute to the science, practice and implementation of evidence-based interventions.

Beads of Courage, Inc. is a non-profit organization that is dedicated to improving the quality of life for children and teens coping with serious illness, their families, and the clinicians who care for them through our Arts-in-Medicine Programs. We believe in creating a context for caring transactions to transpire through unique programs. Since 2005, Beads of Courage, Inc. has established collaborative partnerships in caring with over 200 hospitals nationally and internationally, and with several community organizations to make healing happen through the use of beads as a historical art form.

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Every bead tells a story of courage, honor and hope.

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Beads of Courage® Programs
We are all connected.

**BEad Courageous: For Children and Teens in Active Treatment**

Beads of Courage® is our flagship program and an evidence-based intervention that supports the psychosocial and emotional care of children and teens coping with serious illness and their families. It is the standard of care in more than 300 children’s hospitals worldwide and is intended to be implemented in a clinical setting. Beads are given based on the Beads of Courage® Bead Prescription that serves as a clinical protocol. The beads are transformed into a form of narrative medicine that allows children and teens to RECORD, OWN, and TELL their story of courage.

$5,500 to start a new program with an estimated $3,000-$5,000 to maintain the program annually.

Email info@beadsofcourage.org for more information or to begin a flagship program at your organization.

**BEad Caring: Beads of Courage for Clinicians**
Clinicians are the frontlines of caring for children coping with serious illness and their families. We know how important it is to prevent or alleviate compassion fatigue to keep each clinician strong and competent in extending their caring presence.

Beads of Courage® Bead Mindful was created for clinicians to create a consistent practice of personal reflection and rejuvenation. This program is designed to be implemented on a monthly basis and combines mindfulness with supportive intentional statements, mantras, meditations, and a focal bead. Bead Mindful provides for an object-focused intention with a broad goal of decreasing stress and enhancing the experience of caring where the program is implemented.

$250 to provide mindfulness based support for 10 staff for a full year ($25 per staff member/$2.10 a month for support/includes 4 handmade glass beads per staff member valued at $20).

**BEad Supportive: Beads of Courage for Parents, Caregivers and Siblings**
The family is the immediate source of support for a child or teen receiving treatment for a serious illness. Supporting their coping is as important as the child in treatment.

Beads of Courage® Sibling Program to honor, support, and acknowledge siblings who have a brother or sister with a serious illness. The Beads of Courage® Sibling program provides encouragement to the sibling who needs to know that they are not alone during a very challenging time for their family, and an experience where parents, caregivers and/or clinicians can offer encouragement, foster opportunities for communication and emotional support. Each kit includes a colorful program book with 25 unique beads and 25 collector cards that promote sibling self-reflection, encouragement, communication, and emotional support.

$500 to provide psychosocial and emotional support 20 siblings.

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**Bead Connected: Beads of Courage for everyone**  Our arts-in-medicine workshops are designed for people of all ages and developed by Beads of Courage over the years to provide an opportunity for more to experience the important reflective work that a bead can facilitate.

**Beads of Courage® Bead Strong** activities encourages participants to Bead Strong in mind, body, and spirit by teaching children in treatment, their families and friends, as well as the clinicians who support them how mindfulness can be an important life skill that can serve them in their daily life. Each unique Bead Strong activity provides an opportunity to use three components that are grounded in mindfulness: a mantra, a mindful art activity and a basic breathing technique. The experience promotes mindfulness, self-reflection, communication and creative expression. 12 Bead Strong activities are available for use as a therapeutic support for various settings: one-on-one with clinician, groups, workshops, support groups, staff support, and events. *Includes facilitator guide.*

$75 to support 10 people  
Order 11 sets, get 12th free!

*includes a therapeutic art activity paired with a one-of-a-kind pewter bead

**Beads of Courage® Camp Workshop** is designed to support the camp experience. Beads are provided to acknowledge and celebrate the courage to try new things, to be away from home (often for the 1st time), and to make new friends at camp.

$100 to support 10 campers at an established camp  
(Additional camp beads and custom camp logo beads are available).

**Bead Compassionate: Support for children, families, and communities coping with grief and Bereavement** Since the beginning of human history, beads have been transformed into material representations of emotions, physical connections, thoughts and desires. Our Arts in Medicine Workshops for Compassion and Courage honor and remember a loved one by transforming beads into metaphors of remembrance and memory.

**Beads of Courage® Strand for Strength and Remembrance** is an arts-in-medicine workshop for compassion and courage created for families to who are coping with the loss of a loved one. The program is a bead stringing experience for bereaved families created to honor the legacy of a loved one in a very meaningful way. This program is suitable for children (5 yrs+), teens, and adults.

$120 to provide bereavement support to 10 people  
(includes 3 artist made glass beads—Valued at $25 per person).  
*Includes facilitator guide to support implementation of this heartfelt program.*

“We appreciate this program and the ability to offer it to our PICU families in a smaller, more intimate setting which allows our families to feel more comfortable opening up where they can share their bereavement journey with us through the use of beads in the strand of strength program. They can tell a story of their bereavement journey through the beads they select, and have a symbol to keep and share with others. Thank you!” –Diamond Children’s Hospital

For more information on any of our programs, to order or for assistance in securing donor support to use these programs, please contact us at info@beadsofcourage.org  
*Donation amounts to use each program may change at Beads of Courage discretion.*